



# Job Application

Please complete all sections in black ink and use block capitals

Position applied for:

Full Time / Part Time

Title:  First Name:  Date of Birth:  /  /

Surname:

Home Address:

Town/City:

County:  Postcode:

Home Contact No.  Mobile Contact No.

Email Address:

Driving Licence Held: YES  NO  including any convictions: YES  NO

## Special Requirements

Do you have any special requirements if you were invited to interview? YES  NO

If YES, please give details

## Employment History for the last 5 years (Most recent first)

Employer	Position held and brief description of duties	Reason for leaving

## Education

School/College/University	Course studied and qualification achieved

In a cover letter, in no more than 100 words describe yourself and detail any further training or experience relevant to the job you are applying for.

## Agreement

I confirm that, to the best of my knowledge, the information I have given on this form is correct.

Signature: ..... Date: .....

## **Job Application**

Fresh Fitness undergo regular training for all members of staff, from NPLQ to First aid at work and currently offers a wide range of employment positions from **Apprenticeships to full time Personal Trainers, Lifeguards and more.**

## **Job Overview**

An overview of what the successful candidate may be expected to complete on a daily basis are:

### **Reception**

General Enquiries, tours & membership sales, administration, customer service

### **Gym**

Retention, Programme writing, personal training

### **Pool**

Lifeguarding, cleaning, ongoing training

### **Teaching**

Fitness classes, swimming lessons, CPD

Fresh Fitness is seeking an enthusiastic and energetic individual to join our dedicated team.

If you are a qualified Personal Trainer, Gym Instructor or an individual wanting a career in fitness and leisure, then look no further as Fresh Fitness has a variety of opportunities available.

**Please complete the Job Application form overleaf, along with a cover letter and you CV to [Freshfitness@btconnect.com](mailto:Freshfitness@btconnect.com)**